

INTERNATIONAL

Greetings, everyone!

It is time to plan for the online retreat in November. I have been considering how to use this retreat to best support you. The original plan was to continue the theme of working on two patterns as with the last two retreats. However, having taken various factors into consideration, it has become clear that in-person retreats are more appropriate for the intense work on patterns. Hence the change of plan.

So why is it important to remove barriers that are in the way of realization and wisdom?

In Ren Xue, the development of realization and wisdom is the way to achieve real transformation, for individuals or for humanity. Whether you are a beginner or a seasoned practitioner, using Ren Xue to work on your life means you are on the path of realization and wisdom.

Developing realization and wisdom is arguably the most complex and demanding endeavor for life. For a Ren Xue practitioner, it is also a responsibility we cannot avoid. It is the responsibility to shed the false self and reveal the True Self, to become a true human being. If you also accept the responsibility to help others, it is even more important to take on this personal endeavor for it is essential for carrying out this responsibility.

This endeavor of developing realization and wisdom will no doubt be full of challenges. For the Ren Xue teachings and methods to make a difference to your life, you need to apply them. You may have found that when you try to use what you have learned to help you deal with real life situations, you can get stuck. You have tried and tried and yet still cannot seem to see the way out. You can be left wondering how to make the teachings really work for you. Understandably you can start to question the teachings or your ability to apply, or both. Challenges like this can arise any time, all the time, in life.

It can be disheartening when we have tried and are still stuck. People often ask, "Is suffering necessary for growth?" The answer to this question is: it is through the challenges that the universe lets us know the "gaps" that we need to fill for our lives to be complete. These challenges ARE the way out.

Guidance and support are crucial at this time because they can help us see the situations and the way forward clearly. Realization and wisdom actually mean clarity. Clearing confusion is a process to inch our way forward on the path of realization and wisdom.

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Guidance and support are especially essential now when we are working on life in the "deep water zone". This started last November when we started the work on "Shedding the False Self to Reveal the True Self". After 20 years of preparation, I felt it was time to get into the "real deal", i.e. facing and working on the patterns directly for real. I am pushing you into water and forcing you to swim in the deep end. I know this is the time when you could get caught in all kinds of tricky, complex situations. What you have learned may not be enough for you to disentangle the threads. It would be the time for me to bring in the nitty gritty of the teachings, and this is what I intend to do at this retreat.

I hope to work with you at this retreat the following ways:

- 1. We will be working together to go into a deep, pure state of Jingshen. From that state of Jingshen we connect with one another and work together.
- 2. We will explore the way to truly uplift life and get inspired to do the work.
- 3. We will look at the questions you ask together and seek clarity via various ways, including me sharing advice in a direct manner and helping you access wisdom through heart-to-heart transmission.

I look forward to building a strong Qifield together with you, a Qifield with pure information that will help us all remove barriers that stop us moving forward on the path of realization and wisdom. This is a "fill-up stop" on your journey forward. Together we will make another step closer to our True Self.

Yuan Tze

