



Why are realization and wisdom important? A Hopeful Path

Every person develops ideas about what is good for their life. Individually, we look for ways to realize the life that we wish for. Collectively, we form a human society with diverse cultures and values.

Society, as we know it, has been developing this way for thousands of years. Yet somehow, we find ourselves in a place that nobody is happy with. Turmoil and tragedy are everywhere. So many ruthless acts are committed and so many people are suffering! When we see the world falling apart right before our eyes, it can be very hard to feel hopeful!

Is this the collective destiny of humanity? Absolutely not.

Instead of seeing a world of doom and gloom, we can view all this as part of a learning curve. A learning curve involves trying, making mistakes, learning from mistakes, and practicing more, until eventually we get it right. What do we need to do to move forward on this learning curve? We need to recognize what has caused our predicament and correct it.

If we look deep enough, we will see that the main cause is ignorance – not knowing the true purpose of life and what a human life can potentially be. This ignorance puts life in a dark place where we just move along blindly. Where does ignorance come from? From the unhealthy patterns of the consciousness. Ignorance is inevitable when unhealthy patterns are in control of our lives.

What is the way to correct it? Following this logic, it is necessary to change unhealthy patterns to clear ignorance. When patterns are transformed, realization and wisdom will start to show up. Indeed, it is wisdom that will clear ignorance.

What is wisdom?

Wisdom is the clear knowing derived from realization. With wisdom, we can see reality clearly, so we are not misguided or deluded. We will be able to live in a way that is beneficial for ourselves and others. The choices we make will lead to true happiness and freedom.

When we have chosen the path of realization and wisdom as a corrective measure,

we have also chosen to embark on a very special journey, one that is full of challenges and trials. A lot of effort is required to change what has been there for many lifetimes. However, we don't have many options if we want a true solution. Fortunately, all our effort will pay off.

A Broad Bright Path

This journey opens to a broad, bright path that offers infinite opportunities for redefining ourselves and making life better. It is a journey of true hope.

Many of us have chosen this path because we don't want to allow unhealthy patterns to take control of our lives one lifetime after another. We long for true happiness and freedom. We also want to build a brighter future for humanity.

We have done a lot of work – cultivating the heart qualities and going into the “deep water zone” with the ten fundamental patterns. We have gotten to know ourselves better and our effort has yielded some positive change. However, that was just the beginning, merely a small step on the path of realization and wisdom. It is necessary to keep moving forward.

Take the next step to create real change in your life and awaken your True Self.